### TRAVEL CHECK LIST FOR VOLUNTEERS

# AUTO

**Driver license** 

# **HOME**

Empty Frig
Stop newspaper
Secure windows
Lock entries
Turn off heaters

Notify police if needed Inner lights off-or-on Neighbor notification? Hold mail

Pull Shades
Post itinerary
Emergency list

# MEN'S CLOTHING

No suits Warm Jacket Sport shirts socks both warm and light walking shoes + sport shoes

sweat suit

warm pajamas-therman underwear

Sun cap or hat toiletry-deodorant warm gloves

### **MISCELLANEOUS**

Skin lotion- humidifier
Paste - toothbrush
Hair brush / comb
Razor-eyedrops-deodorant
Suntan lotion-sewing kit
Sun glasses

### **DOCUMENTS**

PASSPORT + COPY
Green card
Friend's phone #
Insurance?
Credit card

# **WOMEN CLOTHING**

No shorts / no minis

long sleeves no heels small purse sport clothes no dresses

walking-sport shoes warm underwear

sweaters chapstick warm gloves

### **MEDICINES**

Bring your meds

### **MONEY**

very clean-new bills no checks

best cards visa & MC

# **COMMUNICATIONS**

Tablets or laptops Cell phones

International phone card

Skype-whatsapp